

The "Learning to Be" curriculum is comprised of 10 Transformative Learning and Leadership in Practice (TLLP) courses solely unique to FXUA and 10 General Education courses designed with high real-life application.

Course learning activities consist of reflective writing, self-assessments, observation and experiential exercises, team presentations, as well as game-based and collaborative activities. Since these courses are designed as participatory seminars, class time is filled with active and engaging discussions to inspire reflective thinking and applied practices.

WHY:

The purpose of the "Learning to Be" curriculum is to prepare our students and graduates for a lifetime of social performance and personal fulfillment. Our goal is to build the capacities of active, thriving, global citizens who make a social impact no matter where their career or life takes them.

WHO:

Sample courses included in the "Learning to Be" curriculum consist of:

- 1. HUMN 200: Designing Your Life
- 2. TLLP 250: Designing Your Career
- 3. TLLP 275: Practices of Social Impact
- 4. INCS 300: Principles of Global Citizenship
- 5. TLLP 425: Practices of Career Planning and Leadership



HOW:

The TLLP courses are centered in human development, including theories and applications of learning, well-being, career development, global citizenship, thinking, and leadership. After completing these courses, students will be able to:

- 1. Apply FXUA's values of character, community, development, stewardship, and peace in all aspects of daily life.
- 2. Critically analyze one's identity and worldview through self-observation and assessment.
- 3. Demonstrate practices of lifelong learning and conscious being in real-life applications.
- 4. Define worldviews and values, as well as demonstrate practices, aligned with being a global citizen.
- 5. Develop one's capabilities for self-fulfillment and social performance throughout career and life.